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# The Project Management Coaching Workbook

Six Steps to Unleashing Your Potential

Susanne Madsen



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#### Review

"If I were to choose ONLY two books to get my job done or do a better job as a PM then the two books I'd hold onto would be the PMBOK and Susanne's Project Management Coaching Workbook. If PMBOK is the theoretical framework, then Susanne's book is the Real World Application.. this is where the rubber hits the road. This is by far the most well written book I have read not only on the subject of Project Management but also from a Get Things Done perspective. The way she explains and assists with the GTD approach is incredible." --Atif Hassan, Toronto, Canada

"This is the best PM book I have found to break down all the Process Groups in the PM Lifecycle into manageable steps. I was able to put this book to use immediately in my role as an IT Project Manager in Managed Services. Susanne stays away from the formal methodology terms but adheres 100% to the PMBOK. She makes it real world and actionable. Great book!! --Gayle Roberts, PMP

"Clear, practical and valuable. We all need to raise our game in this challenging project management world and Susanne's book will no doubt help you work smarter rather than harder." --Peter Taylor, author of The Lazy Project Manager and The Lazy Winner

#### From the Back Cover

This workbook will help project managers at any level overcome some of the most common challenges they face by:

- \*Effectively managing a demanding workload
- \*Leading and motivating a team
- \*Building effective relationships with senior stakeholders
- \*Managing risks, issues, and changes to scope
- \*Delegating effectively

Strengthening these fundamental competencies will enable you to generate real results and excel as a project manager.

Whether used as a personal guide or in a workshop or group setting, The Project Management Coaching Workbook outlines a sound, proven plan to help you build confidence and achieve your project management goals.

### About the Author

Susanne Madsen is a program and project manager, mentor, and coach with experience in managing and rolling out major change programs. She has set up and run several coaching and mentoring programs to improve project management performance. A PRINCE2 and MSP practitioner, Susanne is dedicated to helping organizations deliver better projects through coaching and mentoring project managers in how to improve their capabilities, performance, and well-being.

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Starting with an insightful self-assessment, The Project Management Coaching Workbook: Six Steps to Unleashing Your Potential offers tools, questions, reviews, guiding practices, and exercises that will help you build your roadmap to project management and leadership success.

Based on her experience as a coach and mentor, Susanne Madsen offers a proven six-step method designed to help you understand and articulate what you want to achieve—and then assist you in achieving those goals.

This workbook will help project managers at any level overcome some of the most common challenges they face by:

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Contents Introduction • Step 1: What Do You Want to Achieve? Create Your Vision and Mission Statement • Step 2: Self-Assessment: Create a Benchmark of Your Current Skill Set • Step 3: 360° Feedback: Seek Feedback from Managers, Peers, and Customers • Step 4: Action: Create an Action Plan and Move Forward • Step 5: Guiding Practices: Learn More About Project Management and Leadership Techniques • Step 6: Progress Review: Examine Your Progress and Determine Next Steps

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Most helpful customer reviews

6 of 7 people found the following review helpful.

Genuinely a Masterpiece on Project Management and GTD!

By Atif Hassan

Let me start by saying that if I were to choose ONLY two books to get my job done or do a better job as a

PM then the two books I'd hold onto would be the PMBOK and Susan's Project Management Coaching Workbook. If PMBOK is the theoretical framework, then Susanne's book is the Real World Application..this is where the rubber hits the road.

I learnt about the book from Cornelius's PM Podcasts, heard the writer discuss the book, did a bit more research and eventually bought the kindle version, its pretty decently priced at around \$30.

I started reading and then the lightening struck!, I realized that it's a CLASSIC, this is by far the most well written book I have read not only on the subject of Project Management but also from a Get Things Done perspective as well. The way she explains and assists with the GTD approach is incredible, I wish that this information would be available for all searching for help on GTD.

To me, its written very very well, the structured, logical approach to GTD and PM, the clarity, frankness, directness is amazing. I think the writer not only has excelled from a Subject Matter perspective but where she's truly great is that she manages the reader at psychological/emotional level as well. She's upfront about the issues, embraces the challenges BUT keeps the morale high by putting things into perspective, and continues to move forward with the plan to directly challenge and resolve the issue.

In the podcast, Cornelius suggested a paper copy, I went with the kindle version due to unavailability of the print version and better price of the soft copy. As its a workbook, you are to actively work with it, therefore I'm finding the kindle version to be very useful, as it allows me to copy/paste to my own doc and highlighting etc is very convenient too.

In short, unless you are a Super PM already, get the book, its like having a Super PM by your side 24/7 to help you become a Good Solid PM yourself.

Also the writer has an active website and can also be followed on Twitter for those who are really serious about the topic.

2 of 2 people found the following review helpful.

A True Masterpiece - for coaching yourself in Project Management!

By Bhanu Lawande, Project Manager (Toronto, Canada)

"The Project Management Coaching Workbook – Six Steps to Unleashing Your Potential" is a true masterpiece. Any new PM should be able to use this to coach themselves by following the steps Susanne has laid out here. It is very rare that a book can inspire so much and lead someone to become an excellent PM. It is almost as if Susanne is in the book and coaching in person. Also as a true coach, she encourages the reader to take ownership, identify the gaps and address it themselves. Her frankness and practical approach is truly amazing. I recommend this book to any one in PM Community (new or even experienced) who want to be successful as a Project Manager!

2 of 2 people found the following review helpful.

Outstanding practical advice for Project Management

By Simon M

I picked up this book when I was studying for a formal PM industry qualification recently, and read it in parallel. It proved an excellent counterpoint, as the style is lively and invigorating. Even though I have some years experience in projects, it's full of very good hints and tips that I had not encountered before. But most of all, it is strangely up-lifting: although she covers the many important functional aspects, the author has focused on what it is to be a project manager, the stresses & anxieties and the personal challenges we all face. Her message is loud and clear: believe in yourself, persevere and you will succeed. Excellent and highly recommended.

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Thinking about the book **The Project Management Coaching Workbook By Susanne Madsen** to check out is likewise required. You can pick the book based on the favourite themes that you such as. It will certainly engage you to like checking out other books The Project Management Coaching Workbook By Susanne Madsen It can be additionally concerning the requirement that obligates you to read guide. As this The Project Management Coaching Workbook By Susanne Madsen, you can locate it as your reading publication, also your favourite reading publication. So, find your favourite book below and get the link to download and install guide soft documents.

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